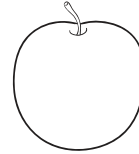




Kool Smiles Activity Sheets!

My Back to School Oral Health Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Reward
<input type="checkbox"/> Pack a healthy snack for tomorrow.	<input type="checkbox"/> Floss before being asked to today.	<input type="checkbox"/> Brush your teeth after a snack.	<input type="checkbox"/> Skip sweets today. Instead, opt for fruit!	<input type="checkbox"/> Instead of soda, drop slices of your favorite fruit in a glass of water.	<input type="checkbox"/> Brush your teeth before bed before being asked to!	<input type="checkbox"/> Floss before being asked to.	
<input type="checkbox"/> Brush your teeth after a snack.	<input type="checkbox"/> Suggest your favorite veggy for a dinner side tonight!	<input type="checkbox"/> Snack on a piece of cheese today.	<input type="checkbox"/> Skip sweets today. Instead, opt for fruit!	<input type="checkbox"/> Pack a healthy snack for tomorrow.	<input type="checkbox"/> Floss before being asked to today!	<input type="checkbox"/> Brush your teeth after each meal today.	
<input type="checkbox"/> Teach someone your favorite oral health tip!	<input type="checkbox"/> Brush your teeth before bed before being asked to!	<input type="checkbox"/> Show off your kool smile today.	<input type="checkbox"/> Keep your teeth healthy with a glass of milk today!	<input type="checkbox"/> Instead of soda, drop slices of your favorite fruit in a glass of water.	<input type="checkbox"/> Pack a healthy snack for tomorrow.	<input type="checkbox"/> Brush your teeth after a snack.	
<input type="checkbox"/> Check to see if your toothbrush needs to be replaced.	<input type="checkbox"/> Pack a healthy snack for tomorrow.	<input type="checkbox"/> Tidy up the sink area after brushing tonight!	<input type="checkbox"/> Suggest your favorite veggy for a dinner side tonight!	<input type="checkbox"/> Keep your teeth healthy with a glass of milk today!	<input type="checkbox"/> Floss before being asked to today!	<input type="checkbox"/> Skip sweets today. Instead, opt for fruit!	
<input type="checkbox"/> Brush your teeth after each meal today.	<input type="checkbox"/> Keep your teeth healthy with a glass of milk today!	<input type="checkbox"/> Pack a healthy snack for tomorrow.	<input type="checkbox"/> Floss before being asked to.	<input type="checkbox"/> Snack on a piece of cheese today.	<input type="checkbox"/> Suggest your favorite veggy for a dinner side tonight!	<input type="checkbox"/> Brush your teeth before bed before being asked to!	

Did you know?

A healthy school year takes good planning. Use this weekly calendar to show your parents how responsible you are about your oral health. Decide with your parents on a good reward for the end of each week!