Your fruits and veggies serve another purpose. They make awesome stamps! We want to see your masterpiece. Post your finished work to Instagram or Facebook, and tag #koolsmiles. We can't wait to see!

**Did you know?**

**How to make:**

**Stamps using Fruits and Vegetables**

**Step 1.** Gather your supplies.

- Okra
- Apple
- Potato
- Tomato
- Sponge
- Knife
- Paint
- Permanent marker
- Paper

**Step 2.** Have an adult cut your fruits and veggies in half.

**Step 3.** With a permanent maker, draw a fun shape on your potato. Have an adult cut the area around your shape so that the shape is raised.

**Step 4.** Have an adult pour about 3-4 Tablespoons of paint onto a clean sponge and place sponge on a paper plate.

**Step 4.** Start creating! Dip your stamps cut side down into the paint mixture. Have fun experimenting with color and patterns!
Did you know?

You should wear protective gear everytime you play sports. Don't forget your mouth guard!
Because Ancient Egyptians were mummified, we can tell what dental problems and procedures they had done!

Did you know?

Decode the message from the ancient Egyptian dentist using the key below!

Answer key: Floss daily

Find more activity sheets at www.mykoolsmiles.com/forkids
Exercising your mind is just as important as exercising your body. Take a run outside & read a good book!

**Make Kite Bookmarks!**

**The Process:**

1. **Color** in kite designs

2. **Cut** out the kite shapes. Cut either the ribbon shapes below out, or cut 8” of ribbon for each kite, and three 3” pieces for bows for each kite.

3. **Glue** the long “ribbon” to the back of the kite, and tie the small ribbons into bows and glue them to the long ribbon.

**For stronger bookmarks, print out patterns on cardstock.**

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**Did you know?**

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North America is home to some of the largest St. Patrick's Day celebrations. The first St. Patty's Day parade took place in New York on March 17, 1762. Be sure to get all the green off your teeth this weekend with a lucky brushing!

Find more activity sheets at www.mykoolsmiles.com/forkids